

# Help Guide

*The purpose of the extra information given on this page is to help everyone involved in my support to provide me with as careful a service as possible.*

## What to call me

I like to be called

I dislike being called

## Topics of conversation

I like to talk about

Please don't talk about

## Interests/pleasures

*(eg family, pets, hobbies, special memories)*

## Preoccupations

*(eg. health, worries)*

## Other issues of importance for my support at home